Helping Students in Distress

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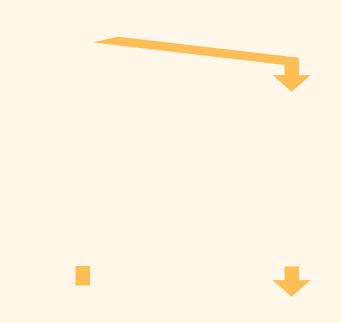
You play a crucial role in identifying students in distress. Students exhibiting outward signs of distress may be feeling alone, isolated and even hopeless when faced with academic struggles, traumatic events, life changes or other stressors. Ongoing or intensified feelings can easily disrupt academic performance and may lead to other serious consequences.

You may be the first to notice warning signs.

You also play a critical role when it comes to responding to students in distress. Sometimes students cannot, or will not, turn to family or friends, so it's important that you know how to connect students with the on-campus resources that can give them the help and support they need.

SNC RED FOLDER





Responding to Students in Distress

Consult with Counseling & Psychological Services (CAPS) to explore the issues involved and the best course of intervention, or

Not everyone is comfortable or able to meet with students about their concerns, and that is OK. Your main responsibility is to provide the

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Behavioral Intervention Team (BIT) evaluate next steps.

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the referral process.

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- Review your physical environment and make provisions for your safety and that of others. If necessary, notify colleagues in close proximity of your intended intervention.
- Listen supportively. Repeat the student's statements to clarify and demonstrate an understanding of the student's perspective.
- Ask if the student has thought about hurting themselves. Asking does not plant ideas in the student's mind.
- Respect the student's privacy without making false promises of confidentiality.
- Try to get a sense of the student's support system(s), and encourage the student to consider professional support (such as CAPS; Academic Support, Success & Accessibility).

Referring Students in Distress

Misconduct includes sexual harassment, sexual assault, domestic violence, dating violence and stalking. Faculty, sta and student workers are mandated reporters. A report must be made any time someone associated with St. Norbert College tells you they have been subject to, or you directly witness, sexual harassment or gender-based sexual misconduct.

920-403-3018 • snc.edu/titleix

O cials Designated to Receive Reports/Complaints

Title IX Coordinator
M-F, 8 a.m.-4:30 p.m.
920-403-3018 • titleix@snc.edu
De Pere Police Department

De Pere Police Department 24/7 920-339-4078 325 S. Broadway, De Pere, WI 54115 Campus Safety 24/7 (Campus Safety will connect you with the Title IX coordinator) 920-403-3299 306 Third St., De Pere

Confidential Resources

Specify that you wish to speak with a confidential resource.

SNC Health & Wellness Services 920-403-3266

SNC Ordained Clergy 920-403-3011

O -Campus Resources Sexual Assault Center of Family Services 24-hour help line 920-436-8899

Golden House 24-hour help line (domestic violence) 920-432-4244 goldenhousegb.org/need-help

Hospital Medical Care

For sexual assault nurse examination (SANE):

St. Vincent Hospital, 835 S. Van Buren St., Green Bay 920-433-0111

Other hospitals, if no sexual assault exam is needed:

Bellin Memorial Hospital, 744 S. Webster Ave., Green Bay